Methodological Appendix

Mixed-effect regression models investigate changes in THI-total, DHI-total, THI-functional, THIemotional, THI-catastrophic, DHI-functional, DHI-emotional, DHI-physical, vertigo duration, vertigo severity, vertigo attack and 25(OH) vitamin D level associated with vitamin D supplementation. The models were estimated with the Stata xtmixed module using restricted maximum likelihood (REML) for generalized linear mixed models. REML provides parameter estimates by maximizing the probability that the predicted values agree with the observed data. The approach is iterative, similar to maximum likelihood (ML) estimation, but provides separate estimation for fixed and random effects.

In other words, mixed models are characterized as containing both fixed effects and random Effects. The fixed effects are analogous to standard regression coefficients and are estimated directly. The random effects are not directly estimated but are summarized according to their estimated variances and covariances. Although random effects are not directly estimated, you can form the best linear unbiased predictions (BLUPs) of them (and standard errors) so estimates obtained in this manner are considered preferable.

The following apply to the two models:

Dependent variable: THI-total, DHI-total, THI-functional, THI-emotional, THI-catastrophic, DHI-functional, DHI-emotional, DHI-physical, vertigo duration, vertigo severity, vertigo attack, 25(OH) vitamin D

Independent variables: sex, age, smoking, Betahistine, Triamterene/Hydrochlorothiazide, Corticosteroid, Cinnarizine

Variable	Coefficient	Std Error	Z-value	Pr > Z
Intercept	32.44	26.44	1.23	0.220
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	6.22	7.65	0.81	0.416
Age	.60	.24	2.43	0.015
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-13.07	12.74	-1.03	0.305
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-11.54	15.08	-0.77	0.444
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	16.27	8.74	1.86	0.063
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	11.09	15.17	0.73	0.465
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.02	9.04	-0.45	0.656
Vitamin D. baseline	17	.62	-0.28	0.776
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-6.26	2.61	-2.39	0.017
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-6.31	6.93	-0.91	0.363

Table A-1: Model 1: Change Over Time by THI.total

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	31.81	26.47	1.20	0.229
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	6.22	7.65	0.81	0.416
Age	0.60	0.24	2.43	0.015
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-13.07	12.74	-1.03	0.305
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-11.54	15.08	-0.77	0.444
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	16.27	8.74	1.86	0.063
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	11.09	15.17	0.73	0.465
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.02	9.04	-0.45	0.65
Vitamin D. baseline	17	0.62	-0.28	0.776
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-5	3.72	-1.34	0.180
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-5.04	7.42	-0.68	0.497
Time * group	-2.53	5.26	-0.48	0.631

Table A-2: Mo	odel 2: Change	Over Time	Moderated	by THI.total
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Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	57.49	13.79	4.17	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	1.22	3.98	0.31	0.758
Age	0.07	0.12	0.57	0.567
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.12	6.63	-1.08	0.282
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.75	7.84	0.22	0.823
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	10.39	4.55	2.28	0.022
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	5.123	7.89	0.65	0.517
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.28	4.70	-0.06	0.952
Vitamin D. baseline	-0.27	0.32	-0.86	0.392
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-34.73	2.43	-14.24	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.62	3.61	0.17	0.864

Table A-3:	Model 1:	Change O	ver Time	by DHI.total

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	58.39	13.85	4.22	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	1.22	3.98	0.31	0.758
Age	0.07	0.12	0.57	0.567
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.12	6.63	-1.08	0.282
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.75	7.84	0.22	0.823
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	10.39	4.55	2.28	0.022
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	5.12	7.89	0.65	0.517
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.28	4.70	-0.06	0.952
Vitamin D. baseline	-0.27	0.32	-0.86	0.392
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-36.53	3.46	-10.55	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-1.17	4.36	-0.27	0.787
Time * group	3.6	4.89	0.74	0.462

Table A-4: Model 2: Change Over Time Moderated by DHI.total

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	22.03	27.94	0.79	0.430
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	7.12	8.08	0.88	0.378
Age	0.73	0.26	2.79	0.005
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-15.78	13.46	-1.17	0.241
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-10.76	15.94	-0.68	0.500
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	18.39	9.24	1.99	0.047
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	13.13	16.04	0.82	0.413
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	0.12	9.56	0.01	0.989
Vitamin D. baseline	-0.07	0.66	-0.12	0.908
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-5.45	2.70	-2.02	0.044
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-3.77	7.33	-0.52	0.606

Table A-5: Model 1: Change Over Time by THI.functional	
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Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	21.49	27.97	0.77	0.442
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	7.12	8.08	0.88	0.378
Age	0.73	0.26	2.79	0.005
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-15.78	13.46	-1.17	0.241
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-10.76	15.94	-0.68	0.500
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	18.39	9.24	1.99	0.047
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	13.13	16.04	0.82	0.413
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	0.12	9.56	0.01	0.989
Vitamin D. baseline	-0.07	0.66	-0.12	0.908
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-4.38	3.85	-1.14	0.256
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-2.70	7.82	-0.35	0.729
Time * group	-2.14	5.45	-0.39	0.694

Table A-6: Model 2: Change Over Time Moderated by THI.functional

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	50.04	25.89	1.93	0.053
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	3.67	7.49	0.49	0.624
Age	0.40	0.24	1.65	0.098
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-5.49	12.47	-0.44	0.660
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-14.89	14.76	-1.01	0.313
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	13.69	8.56	1.60	0.110
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.17	14.86	0.15	0.884
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-9.18	8.86	-1.04	0.300
Vitamin D. baseline	-0.27	0.61	-0.45	0.652
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-9.69	2.59	-3.73	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-8.37	6.79	-1.23	0.053

A-7: Model 1: Change Over Time by THI.emotional

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	50.09	25.92	1.93	0.053
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	3.67	7.49	0.49	0.624
Age	0.40	0.24	1.65	0.098
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-5.49	12.47	-0.44	0.660
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-14.89	14.76	-1.01	0.313
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	13.69	8.56	1.60	0.110
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.17	14.86	0.15	0.884
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-9.18	8.86	-1.04	0.300
Vitamin D. baseline	-0.27	0.61	-0.45	0.652
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-9.79	3.70	-2.65	0.008
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-8.48	7.28	-1.17	0.244
Time * group	0.21	5.23	0.04	0.968

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	29.38	31.56	0.93	0.352
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	8.13	9.12	0.89	0.373
Age	0.62	0.29	2.08	0.037
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-18.71	15.20	-1.23	0.218
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-8.09	17.99	-0.45	0.653
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	15.31	10.43	1.47	0.142
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	20.47	18.10	1.13	0.258
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-5.75	10.79	-0.53	0.594
Vitamin D. baseline	-0.26	0.74	-0.36	0.721
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-2.75	3.90	-0.70	0.481
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-9.10	8.27	-1.10	0.271

A-9: Model 1: Change over time by THI.catastrophic

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	27.42	31.62	0.87	0.386
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	8.13	9.12	0.89	0.373
Age	0.62	0.29	2.08	0.037
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-18.71	15.20	-1.23	0.28
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-8.09	17.99	-0.45	0.653
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	15.31	10.43	1.47	0.142
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	20.47	18.10	1.13	0.258
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-5.75	10.79	-0.53	0.594
Vitamin D. baseline	-0.26	0.74	-0.36	0.721
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	1.16	5.15	0.21	0.833
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-5.18	9.15	-0.57	0.571
Time * group	-7.83	7.80	-1.00	0.315

 Table A-10: Model 2: Change Over Time Moderated by THI.catastrophic

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	53.78	14.52	3.70	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	2.91	4.19	0.70	0.487
Age	0.62	0.29	2.08	0.037
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.70	6.98	-0.67	0.501
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-2.96	8.26	-0.36	0.720
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	10.75	4.79	2.24	0.025
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.28	8.32	1.00	0.320
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-3.15	4.96	-0.64	0.525
Vitamin D. baseline	-0.40	0.34	-1.18	0.239
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-29.33	2.35	-12.44	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	1.65	3.80	0.43	0.664

A-11: Model 1: Change Over Time by DHI.emotional

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	54.53	14.57	3.74	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	2.91	4.19	0.70	0.487
Age	0.07	0.13	0.51	0.608
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.70	6.98	-0.67	0.501
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-2.96	8.26	-0.36	0.720
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	10.75	4.79	2.24	0.025
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.28	8.32	1.00	0.320
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-3.15	4.96	-0.64	0.525
Vitamin D. baseline	-0.40	0.34	-1.18	0.239
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-30.83	3.35	-9.20	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.15	4.48	0.03	0.972
Time * group	3	4.73	0.63	0.527

 Table A-12: Model 2: Change Over Time Moderated by DHI.emotional

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	63.07	17.50	3.60	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	2.39	5.04	0.47	0.635
Age	0.09	0.16	0.56	0.578
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-13.41	8.40	-1.60	0.111
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.31	9.95	0.23	0.816
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	11.63	5.77	2.02	0.044
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.97	10.01	-0.20	0.844
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	3.56	5.97	0.60	0.550
Vitamin D. baseline	-0.11	0.41	-0.27	0.784
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-40.41	3.28	-12.30	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-0.46	4.57	-0.10	0.918

A-13: Model 1: Change Over Time by DHI.functional

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	64.32	17.58	3.66	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	2.39	5.04	0.47	0.635
Age	0.09	0.16	0.56	0.578
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-13.41	8.40	-1.60	0.111
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.31	9.95	0.23	0.816
Triamterene/Hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	11.63	5.77	2.02	0.044
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.97	10.01	-0.20	0.844
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	3.56	5.97	0.60	0.550
Vitamin D. baseline	-0.11	0.41	-0.27	0.784
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-42.91	4.66	-9.20	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-2.97	5.64	-0.53	0.598
Time * group	5.01	6.59	0.76	0.447

 Table A-14: Model 2: Change Over Time Moderated by DHI.functional

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	56.42	14.42	3.91	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-2.52	4.15	-0.61	0.543
Age	.06	0.13	0.45	0.656
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-3.40	6.92	-0.49	0.623
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	7.86	8.19	0.96	0.338
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.47	4.75	1.78	0.075
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.70	8.25	1.05	0.292
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.60	4.91	-0.12	0.902
Vitamin D. baseline	-0.11	0.41	-0.27	0.784
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-35.95	2.74	-13.08	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.39	3.77	0.10	0.916

A-15: Model 1: Change Over Time by DHI.physical

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	57.14	14.48	3.94	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-2.52	4.15	-0.61	0.543
Age	0.09	0.16	0.56	0.578
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-3.40	6.92	-0.49	0.623
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	7.86	8.19	0.96	0.338
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.47	4.75	1.78	0.075
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	8.70	8.25	1.05	0.292
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.60	4.91	-0.12	0.902
Vitamin D. baseline	-0.28	0.34	-0.85	0.395
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-37.38	3.91	-9.56	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-1.02	4.67	-0.22	0.826
Time * group	2.84	5.53	0.51	0.607

 Table A-16: Model 2: Change Over Time Moderated by DHI.physical

A-17: Model 1: Change Over Time by Vertigo Duration

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	468.87	218.30	2.15	0.032
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	118.98	62.88	1.89	0.058
Age	1.86	2.05	0.91	0.364
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-45.83	104.73	-0.44	0.662
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-121.02	123.95	-0.98	0.329
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-117.100	71.86	-1.63	0.103
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-200.44	124.74	-1.61	0.103
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-141.96	74.36	-1.91	0.056
Vitamin D. baseline	-9.59	5.14	-1.87	0.062
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-189.65	46.85	-4.05	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	46.64	57.02	0.82	0.413

Variable	Coefficient	Std Error	Z-Value	$\Pr > Z $
Intercept	457.13	219.59	2.08	0.037
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	118.98	62.88	1.89	0.058
Age	1.86	2.05	0.91	0.364
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-45.83	104.73	-0.44	0.662
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-121.02	123.95	-0.98	0.329
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-117.10	71.86	-1.63	0.103
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-200.44	124.74	-1.61	0.108
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-141.96	74.36	-1.91	0.056
Vitamin D. baseline	-9.59	5.14	-1.87	0.062
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-166.16	66.69	-2.49	0.013
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	70.12	74.00	0.95	0.343
Time * group	-46.96	94.31	-0.50	0.619

Table A-18: Model 2: Change Over Time Moderated by Vertigo Duration

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	8.40	1.60	5.24	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	0.55	0.46	1.20	0.229
Age	-0.002	0.01	-0.15	0.883
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.49	0.76	-1.95	0.052
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.05	0.90	-0.06	0.951
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.42	0.52	2.70	0.007
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.50	0.91	-0.55	0.584
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.23	0.54	2.26	0.024
Vitamin D. baseline	0.01	0.03	0.44	0.663
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-5.11	0.39	-12.83	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	-0.18	0.41	-0.45	0.651

A-19: Model 1: Change Over Time by Vertigo Severity

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	8.25	1.62	5.10	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	0.55	0.46	1.20	0.230
Age	-0.02	.01	-0.15	0.883
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.49	.77	-1.94	0.052
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.05	0.91	-0.06	0.951
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.42	.52	2.69	0.007
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-0.50	0.91	-0.55	0.584
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.23	0.54	2.25	0.024
Vitamin D. baseline	0.01	0.03	0.44	0.663
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-4.83	0.56	-8.55	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.09	0.57	0.16	0.871
Time * group	-0.56	0.79	-0.71	0.478

 Table A-20: Model 2: Change Over Time Moderated by Vertigo Severity

Variable	Coefficient	Std Error	Z-Value	Pr > Z
Intercept	3.26	3.79	0.86	0.389
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-1.35	1.09	-1.23	0.219
Age	-0.01	0.03	-0.53	0.596
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.25	1.82	0.69	0.492
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.53	2.16	1.17	0.241
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.03	1.25	-0.83	0.409
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	0.87	2.17	0.40	0.686
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	0.88	1.29	0.68	0.494
Vitamin D. baseline	-0.003	0.08	-0.04	0.967
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-2.56	0.49	-5.20	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.18	0.99	0.19	0.850

A-21: Model 1: Change Over Time by Vertigo Attack

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	3.21	3.80	0.85	0.398
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-1.35	1.09	-1.23	0.219
Age	-0.01	0.03	-0.53	0.596
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.25	1.82	0.69	0.492
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	2.53	2.16	1.17	0.241
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-1.03	1.25	-0.83	0.409
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	0.87	2.17	0.40	0.686
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	1.23	0.54	2.25	0.024
Vitamin D. baseline	-0.003	0.08	-0.04	0.967
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-2.46	0.70	-3.50	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	0.28	1.11	0.26	0.796
Time * group	-0.2	0.99	-0.20	0.841

 Table A-22: Model 2: Change Over Time Moderated by Vertigo Attack

Variable	Coefficient	Std Error	Z- Value	Pr > Z
Intercept	24.36	4.86	5.01	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-1.73	1.88	-0.92	0.359
Age	0.08	0.06	1.30	0.194
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	.27	3.16	0.09	0.932
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.93	3.63	-2.18	0.029
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.75	2.04	-2.33	0.020
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.97	3.75	-2.13	0.033
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-2.25	2.22	-1.01	0.311
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	6.78	1.46	4.64	0
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	8.04	1.73	4.63	0

A-23: Model 1: Change Over Time by Vitamin D

Variable	Coefficient	Std Error	Z-Value	$\Pr > \mathbf{Z} $
Intercept	28.51	4.86	5.86	0
Sex				
Female	Ref.	Ref.	Ref.	Ref.
Male	-1.73	1.88	-0.92	0.359
Age	0.08	0.06	1.30	0.194
Smoking				
No	Ref.	Ref.	Ref.	Ref.
Yes	.27	3.16	0.09	0.932
Betahistine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.93	3.63	-2.18	0.029
Triamterene/hydrochlorothiazide				
No	Ref.	Ref.	Ref.	Ref.
Yes	-4.75	2.04	-2.33	0.020
Corticosteroid				
No	Ref.	Ref.	Ref.	Ref.
Yes	-7.97	3.75	-2.13	0.033
Cinnarizine				
No	Ref.	Ref.	Ref.	Ref.
Yes	-2.25	2.22	-1.01	0.311
Time				
Before intervention	Ref.	Ref.	Ref.	Ref.
After intervention	-1.51	1.40	-1.08	0.279
Group				
Placebo	Ref.	Ref.	Ref.	Ref.
Vitamin D	26	1.99	-0.13	0.896
Time * group	16.60	1.98	8.37	0

Table A-24: Model 2	Change Over Time	e Moderated by Vitamin D
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